## "Cultivating Sacred Intentionality": Entertainment as "Default Mode"

## 3 Different Rationales for Ritual Viewing

- 1. Reward Viewing: "I've earned this dance"
- 2. Relief Viewing: "I **need** this *dance*"
- 3. Resignation Viewing: "There's **nothing else** to do but dance."

Redeeming the time often requires an adjustment in the way we process our discretionary time.

Developing an assortment of life's dances that are often "marginalized" and sometimes "bullied" by Pop Culture affections and boredom "default modes":

- 1. FAMILY-FRIEND DANCE
- 2. SERVICE-MINISTRY DANCE
- 3. ARTISTIC-ATHLETIC DANCE
- 4. DEVOTIONAL LIFE DANCE